



Clark Seif Clark Environmental Newsletter

www.csceng.com 800.807.1118

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Every day, Clark Seif Clark professionals are deployed across the nation helping both large and small customers resolve health & safety, industrial hygiene, environmental and indoor air quality issues.

At a moment's notice, Clark Seif Clark can send their experts anywhere they are needed. No matter if it's in response to a hurricane, wildfire, flood, tornado, or other natural disaster, Clark Seif Clark is ready to help and can respond in no time at all.

Clark Seif Clark Announces Merger with CSC Targhee

Established in 1987, Targhee, Inc. has been providing customers with a wide range of technical and consulting services related to environmental chemistry and regulatory compliance. Targhee's services have been built upon science-based protocols with a strong background in chemistry. This has made Targhee the preferred environmental consultant to industrial and manufacturing companies, healthcare providers, architects, schools, builders, contractors, developers and real estate professionals.

In October of 2007, Targhee was acquired by Clark Seif Clark, Inc. (CSC) and began to operate under the name CSC Targhee, Inc. Since then, CSC Targhee has completed numerous projects involving the release of toxic substances into the air, soil or water. These projects required an evaluation of human and ecological health risks, mitigation strategies, contaminant fate and transport models as well as the preparation of pollution prevention plans for storm or wastewater discharges and assessments of hazardous waste management practices.

Beginning on January 1, 2014, CSC Targhee, Inc. officially merged with Clark Seif Clark, Inc. The combined companies are now both operating under the Clark Seif Clark name. "We are excited to officially merge the strengths and capabilities of the two companies under one name," said Franco Seif, President of Clark Seif Clark.

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"Operating under one name will help to streamline operations and bring new resources and capabilities to our customers. All of our staff will continue in their current roles and operate out of their existing offices so clients will experience a seamless transition during the merger."

To learn more about the merger or how Clark Seif Clark can help provide answers and solutions to regulatory, environmental, health and safety issues, please visit www.csceng.com, email csc@csceng.com or call (800) 807-1118.

Cold Weather Brings Out Indoor Allergies in Many

Extreme winter weather has hit many parts of the United States resulting in some of the coldest temperatures seen in those areas in close to 20 years. The historic deep freeze closed schools, businesses and numerous institutions across dozens of states.

The severe cold temperatures have kept millions of Americans in their homes for days. For those who suffer from winter allergies, spending so much time indoors can cause their conditions to worsen. Although these indoor allergies are sometimes confused with the common cold, if the condition lasts for more than 10 days the cause is likely due to allergies and not a cold.

During the winter months, homes and buildings typically have their windows shut and the structures' heating system working overtime. These conditions can allow for the accumulation of a number of common indoor allergens and forced indoor heating can help to spread these pollutants from room to room. Common indoor allergens include:

- Mold can begin to grow indoors due to water leaks, elevated humidity levels and condensation on walls, windows and cold pipes during the winter months.
- Dust mites, these microscopic bugs and their waste cause allergic symptoms for many and are frequently found in areas where people sleep.
- Pet allergens such as fur, dander, saliva and urine can cause allergies.
- Rodents and cockroaches found indoors can cause a host of allergic reactions in susceptible individuals.

Winter allergy sufferers may feel tired and experience itchy eyes and throat, along with watery and clear nasal secretions that may last for weeks or more. Those who have instead caught a common

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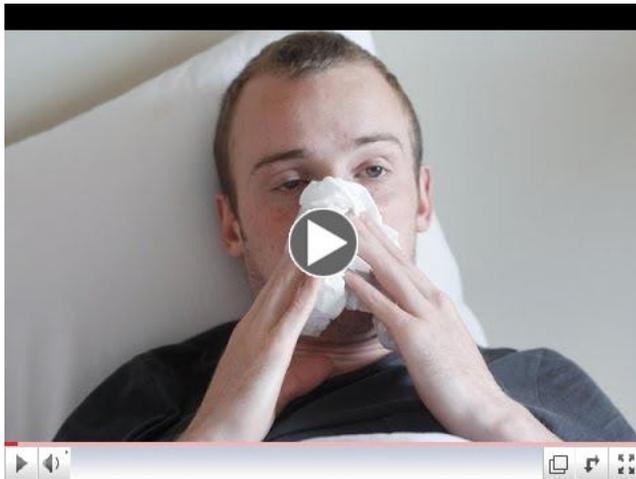


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Is It Safe?

winter cold usually develop body aches, fever, chills and discolored nasal secretions that are usually gone within a week. CSC's indoor air quality experts are trained to identify a wide range of indoor allergens so that solutions can be implemented and those who suffer from indoor allergies can finally find relief.

CSC recently sponsored a video about winter allergies and indoor air quality (IAQ) that can be seen at:



Winter Allergies & IAQ

To learn more about allergens and indoor air quality testing services or other environmental, health and safety issues, please visit www.csceng.com, email csc@csceng.com or call (800) 807-1118.

About Clark Seif Clark: CSC was established in 1989 to help clients in both the public and private sectors address environmental issues. CSC is a leading provider of these services with multiple offices along the western seaboard and southwest. The company believes in science-based protocols and has a strong background in engineering making them the preferred environmental consultants to healthcare facilities, architects, schools, builders, contractors, developers and real estate professionals.